

# Matthew 6:34

Take therefore no thought for the morrow: for the morrow shall take thought for the things of itself. Sufficient unto the day *is* the evil thereof.

# Two words for thought

Dialogismos is used many times and translated thought

*Luke 5:22* But when Jesus perceived their thoughts, he answering said unto them, What reason ye in your hearts?

Merimnao used here translated thought or worry

*Matthew 10:19* But when they deliver you up, take no thought how or what ye shall speak: for it shall be given you in that same hour what ye shall speak.

# The concerns of tomorrow

We are not able to discern what tomorrow holds

Yet we feel free to worry about what might be

We build a world of “what ifs”

Yet we don't forecast the grace of God for the future

# God will provide

From Abraham to Paul we see the hand of God

Testimony from each of us agrees with the provision of God

His grace is given as needed not in anticipation

This is a truth - we are not to worry about tomorrow

# Sufficient are the troubles of today

We have the struggles we can handle  
today

The taking on of more worry is more than  
God intended

Our focus ought to then be on the  
moment

God has purpose and provision for now

# Avoiding the trap of “borrowing trouble”

What things trigger our worries?

Example - we see the price of gas or we hear of a new storm

Recognize these as temptations to dwell on the unknown

Re-associate these triggers with the supply and grace of God

# The focus of our imagination

What do we see in the future that we are afraid of?

Bankruptcy, health fears, loss etc

Is God not able to bless us in the midst of these struggles?

God has already addressed the worst scenario

If he gave the life of his Son for this what will he not do for smaller problems